DEPARTMENT OF BIOMEDICAL ENGINEERING

Session Report

Session Title	**Guest Lecture on Menstrual Hygiene and Personality Development**		
Date & Time	19/06/2024	AN	11AM to 12.30PM
Name of the Resource Person (attach. one Page resume)	**Ms.Shwetha Rajeev** Master Trainer of Soft Skills & Motivational Speaker Bosch Bangalore		
Key Points Delivered	1. Menstrual Hygiene 2. Personality building 3. Body language 4. Communication 5. Interview preparation		
Number of Students Present	250		
Snap shot of online event			













	

The session was dealing with personality building and menstrual hygiene. Appearance is one of the most important factors of personality. Body language and communication also plays vital role in personality. Life skills, management of time and hygiene tips were given by the key speaker. The tip for preparing interview was also given in the session. It was an inspirational session for students.