



DEPARTMENT OF AEROSPACE ENGINEERING

Report – World Health Day Celebration

Name of the Event	:	Awareness session on “Healthy Youth - Healthy Planet”
Resource Person	:	Dr. R. Prema, Professor, Department of Pediatrics, Rajarajeswari Medical College and Hospital, Bangalore.
Date & Time	:	07.04.2022&12:00 PM
Venue	:	IV Floor Seminar Hall
No.of Participants	:	73 Students + 11 Faculty members.

About the Event:

The Department of Aerospace Engineering has organized an awareness session on “Healthy Youth – Healthy Planet” in view of World Health Day celebration on 07th April 2022. This program was organized to inculcate the importance of Health education to improve students' knowledge about physical, mental, emotional and social health. It motivates youth to improve and maintain their health, prevent diseases, and avoid unhealthy behaviors.

The Program was started at 12:00 PM with the welcome address by Ms. Sangeetha, Student representative, Third Year Aerospace Engineering and introduced the resource person Dr. R. Prema. Dr.R. Mukesh, Head of the Department, Aerospace Engineering greeted the Chief Guest with the bouquet and memento. The resource person handled a very informative and eye-opening session on how to lead a healthy life style in adolescence phase of the life. She has highlighted the following points.

- Nutrition
- High risk behavior
- Mental Health
- Effects of Media Usage in self - health
- Sustainable Development Goals
- Body Mass Index chart



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At the end of the session, students interacted with the resource person to clarify their doubts. Finally the Guest Lecture ended with the vote of thanks by Mr. Nandhakumar, III Year student.

Event Poster :



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(A Unit of RajaRajeswari Group of Institutions)

Mysore Road, Bengaluru, Karnataka.



DEPARTMENT OF AEROSPACE ENGINEERING

In Association with RRMCH Celebrates

WORLD HEALTH DAY 2022

By Organizing an awareness session on

“HEALTHY YOUTH – HEALTHY PLANET”



12:00 PM
07-04-2022

VENUE: SEMINAR HALL – FOURTH FLOOR

Event Coordinator

Dr. C. SURESH
Ph:9840515678

Head of the Institution

Dr. M. S. MURALI
PRINCIPAL

Resource Person:
Dr. R. PREMA,
PROFESSOR,
DEPARTMENT OF PEDIATRICS,
RAJARAJESWARI MEDICAL
COLLEGE AND HOSPITAL,
BANGALORE – 560074.



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Gallery:





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