



ACS College of Engineering

Approved by AICTE New Delhi, Affiliated to VTU, Belagavi
(A Unit of RajaRajeswari Group of Institutions)

CET Code : E186 COMED-K : E003 PG CET : T918



SelectSmart Activity Report

On

Growth Mindset
By Mr. Bhaskar Aspari
Life Skills Trainer

ACTIVITY REPORT

Activity Name & Date	Growth Mindset 15-Aug-2020
Activity Type	Lecture
Conducted By	CTDS Bangalore

About the Activity:

This is a lecture / webinar activity presented by Mr. Bhaskar Aspari, Life Skills Trainer

About the Mentor:

I primarily work as a Trainer/Facilitator, Counsellor and Guitar teacher. I enjoy learning. My work involves designing and delivering Life Skills training programs across educational institutions - including students & teachers. I have also conducted training programs for working professionals as well. I enjoy playing music. reading, reflective conversations, spending time in natural surroundings.

Video Link of the Activity:

https://youtu.be/ilCJ8r_3zg4

Invitation:

Rajarajeswari Group of Institutions
Center for Test and Data Sciences

I can be good at anything
I embrace challenges
I welcome feedback and criticism

Growth Mindset

Mr. Bhaskar Aspari
Life Skills Trainer

LIVE WEBINAR

2 pm Saturday,
Aug 15, 2020

Zoom ID : 996 4923 9930
Password : 395405

First 500 students logging in thro Zoom will get an opportunity to interact with the speaker directly. The session will be aired LIVE on YouTube for the benefit of all other students.

SelectSmart
Digital Collaborative Platform

Mentor Profile:

Bhaskar is a multi-specialist and works as a freelance Soft Skills Trainer. He aspires to positively contribute towards building a harmonious society.

Trained as an Industrial engineer from the National Institute of Engineering (NIE) Mysore, he soon shifted gears from a corporate career into Training and Education.

With a passion for Personal Development, Philosophy and the Arts, his training programs on Life Skills have included students, teachers, school leaders and working professionals.

Bhaskar is also a skilled musician and a certified Counsellor. He is a voracious reader, enjoys writing, having dialogues with people and spending quiet time in nature.

To anyone who wishes to quite simply connect or talk, all it takes is a phone call or an email.



Mr. Bhaskar Aspari
Life Skills Trainer



Photo Gallery:



- We respond to **perceptions**, not **reality**
- We form **beliefs** based on these limited perceptions
- A belief is that which we hold to be true
- Our beliefs in turn, create **frameworks/paradigms** - influencing our actions and how we experience reality

Excellence - A fundamental duty

To strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavor and achievement